

## COURSE FEES

OOV LEVEL 3 COURSE 2 DAY

PRICE \$700.00

OOV<sup>TM</sup>  
EDUCATION

## COURSE DESCRIPTION

This course shows movement professionals and practitioners how to identify and change multiple functional domains in the body using kinaesthetic interventions.

Specifically, this course will address the central organisational structures and the capacity of the body (including perceived reality via the faculties of the brain) to organise itself (relative to its Afferent Information) the environment and space and time.

It's the *Efferent* to the second course's *Afferent*.

This course explains the inextricable link between the Autonomic Nervous System (ANS), Respiratory mechanics, axial kinaesthetic awareness and inflammatory patterns in the body and brain. Whilst this is the connecting piece of the OOV puzzle so far - it relies on the prior knowledge of how to change information coming in to the body (afferent) in a skilful and safe manner.

Level 1 introduced some basic academic concepts that we believe are critical **in progressing someone's ability to purposefully initiate change in a body.**

Level 2 developed those concepts further and demonstrated how to accurately, functionally and in real time define exactly where a joint, sling or chain was relative to the rest of the body and what information was required to change it.

Level 3 will build on this foundation again but focus on the central structures which, in our opinion, are the major blockages for manual therapy and movement based change in chronic or difficult patients and clients.

Go to our Website to find more information on the course.

# LEVEL 3: EFFERENT

NOVEMBER  
4-5th  
OOV LEVEL 3  
COURSE  
SLC, UTAH

TIME  
4th (Saturday) 9 am – 6pm  
5th (Sunday) 9 am – 6pm  
MTZ

LOCATION  
PINNACLE PERFORMANCE  
PHYSICAL THERAPY  
1515 S 1100 E,  
SALT LAKE CITY, UTAH, 84105

FOR MORE INFORMATION, PLEASE VISIT OUR WEBSITE AT

[WWW.OOVEDUCATION.COM/US](http://WWW.OOVEDUCATION.COM/US)

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