

Curriculum Vitae

I. Personal Information

Name: Ethan Powell PT, DPT

II. Current Employment

Physical Therapist
Pinnacle Performance II
Salt Lake City, UT 84105
August 2023 - Present

Surgical Technologist
University of Utah Health
Salt Lake City, UT 84132
October 2012 - Present

III. Educational History

University of Utah
Doctor of Physical Therapy (DPT)
May 2020 - May 2023

University of Utah
Bachelor of Science, Chemistry
August 2012 - August 2016

Salt Lake Community College
Certified Surgical Technologist
May 2011 - December 2012

IV. Clinical Education

Pinnacle Performance II
Salt Lake City, Utah
Clinical Instructor: Amy Broekemeier, DPT, CMPT, PMA, Certified Pilates Instructor,
Polestar Principal Educator
Manual Physical Therapy and Intelligent Movement
January 2023-April 2023

University of Utah
Salt Lake City, Utah
Clinical Instructor: Daniel Shelly, DPT, ATC
Spinal Cord Injury Inpatient Rehabilitation
October 2022 - January 2023

University of Utah
Salt Lake City, Utah
Clinical Instructors: Mill Bulanon, MPT and Jennifer Chung-Peck, DPT,
ATC Internal Medicine and Cardiovascular Intensive Care

August 2022 - October 2022
Alpine Sports Physical Therapy
Park City, Utah
Clinical Instructor: Janna Mann, DPT and Kim Ross, OTR/L, CHT
Outpatient Orthopedic and Hand Physical Therapy
May 2021 - July 2021

Body Smart
South Ogden, Utah
Clinical Instructor: Cameron Garber, DPT
Outpatient Orthopedic Physical Therapy and Metabolic
Testing February 2021 - April 2021

V. Continuing Education History

Myofascial Release 2
John F. Barnes' Myofascial Release Treatment Centers and
Seminars John F Barnes, PT
March 21-24, 2024

Myofascial Unwinding
John F. Barnes' Myofascial Release Treatment Centers and
Seminars John F Barnes, PT
March 18-20, 2024

Myofascial Release 1
John F. Barnes' Myofascial Release Treatment Centers and
Seminars John F Barnes, PT
March 14-17, 2024

COMT-4: Cervico-Thoracic Evaluation and Management
Aspire Orthopedic Manual Therapy Institute
Pam Kikillus, DScPT, OCS, COMT, FAAOMPT
February 26-27, 2024

COMT-3: Upper Extremity Evaluation and Management
Aspire Orthopedic Manual Therapy Institute
Pam Kikillus, DScPT, OCS, COMT, FAAOMPT
February 24-25, 2024

COMT-2: Cervical Gateway To Musculoskeletal Therapy
Aspire Orthopedic Manual Therapy Institute
Pam Kikillus, DScPT, OCS, COMT, FAAOMPT
December 2-3, 2023

COMT-6: Lower Extremity Evaluation And Management
Aspire Orthopedic Manual Therapy Institute
Valerie Coolman, DScPT, OCS, COMT, FAAOMPT

June 25-26, 2023

COMT-5: Lumbo-Pelvic Evaluation And Management

Aspire Orthopedic Manual Therapy Institute

Valerie Coolman, DScPT, OCS, COMT, FAAOMPT

June 23-24, 2023

Oov Educational Weekend

Pinnacle Performance

Amy Broekemeier, DPT, CMPT, PMA, Certified Pilates Instructor, Polestar Principal Educator

April 22-23, 2023

COMT-1: Lumbar Gateway To Musculoskeletal Therapy

Aspire Orthopedic Manual Therapy Institute

Valerie Coolman, DScPT, OCS, COMT, FAAOMPT

March 25-26, 2023

Pilates for Rehabilitation: Level I-VI

Polestar Pilates

Amy Broekemeier, DPT, CMPT, PMA, Certified Pilates Instructor, Polestar Principal Educator

October 2019 - August 2020

Pilates for Rehabilitation: Principles of Movement

Polestar Pilates

Amy Broekemeier, DPT, CMPT, PMA Certified Pilates Instructor, Polestar Principal Educator

October 2019

VI. Certification and Licensure

Certified Orthopedic Manual Therapist - COMT

Aspire Manual Therapy Institute

In Progress

Pilates Method Alliance® - Certified Pilates Instructor

Polestar Pilates

In Progress

Certified Surgical Technologist

NBSTSA

Certification Number: 186613

2013 - 2022

VII. Other Professional Activities

Secretary

DPT Class of 2023 Student Board

Doctor of Physical Therapy Program - University of Utah

Salt Lake City, Utah
July 2020 - May 2023

Undergraduate Researcher
Grünwald Lab
Department of Chemistry - University of Utah
Salt Lake City, Utah
February 2015 - August 2016
Undergraduate Researcher
Brazelton Lab
Department of Biology - University of Utah
Salt Lake City, Utah
February 2014 - August 2014

VIII. Awards

Dean's List
University of Utah
Spring 2013, Fall 2013, Spring 2014, Fall 2014, Spring 2015, Fall 2015, Spring 2016

Undergraduate Research Award
Department of Chemistry - University of Utah
April 2016

Philips Senior Scholar
Department of Chemistry - University of Utah
April 2016

IX. Community Activities/Volunteerism

Belay/Coach Volunteer
Adaptive Climbing Program - Front Climbing Club
Salt Lake City, Utah
April 2019 - November 2019

Math Tutor
Lowell Bennion Community Service Center - University of Utah
Salt Lake City, Utah
August 2013 - December 2013

Mentor and Tutor
Surgical Technology - Salt Lake Community College
South Jordan, Utah
August 2012 - December 2013

X. Physical Therapy Observation Hours

Sugarhouse Rehab Clinic
Salt Lake City, Utah
57 Hours

May 2019 - June 2019

Pinnacle Performance

Salt Lake City, Utah

55 Hours

September 2018 - December 2018

Burn Trauma ICU

University of Utah Hospital

Salt Lake City, Utah

8 Hours

February 2019