

Leslie Hales Covieo

leslie@pinnacle4performance.com

EMPLOYMENT HISTORY

2015-Present

MRI Technologist PRN

University of Utah, University of Utah Orthopedic Center

March 2010 - Present

Pilates Instructor

Pinnacle Performance II Inc. - Salt Lake City, UT

2008 - 2015

Lead MRI Technologist

University of Utah Hospital - Salt Lake City, UT

Huntsman Cancer Hospital - Salt Lake City, UT

2006-2008

Radiology Technologist

Pioneer Valley Hospital - West Valley City, UT

EDUCATIONAL HISTORY

2018 ACE Certified Health Coach

2016 ACE Certified Personal Trainer

2010 Pilates Studio Comprehensive Teacher Training
Polestar Pilates Education - Salt Lake City, UT

2008 Baccalaureate Degree in Advanced Radiology
Minor in Hospital Administration
Weber State University - Ogden, UT

CONTINUING EDUCATION

2020 Weight Loss Specialist, NASM, Dec 2020

2019 TRX Suspension Training Course, Jan 2019

2018 The Biomechanics Method Corrective Exercise Specialist, May 2018

2016 OOV Pilates, Salt Lake City Daniel Vladeta, Polestar Pilates, Jan 2016
OOV 3D Assessment Salt Lake City, Daniel Vladeta, Nick Dawe, Amy
Broekemeier, Oct 2016

2014 Core Align level 2 Tessa Hale Salt Lake City, Feb 2014
Core Align Level 1 Tessa Hale Salt Lake City, Jan 2014

